

**1ST ANNUAL  
RUN THE BASES**



Date & Place:

**Saturday, Jan 21, 2012  
Southwest Point**

Time:

9:30 am - 5K Run & 9:40 am - 2 mile Fun Walk  
Please be ready to run at 9:20 am/Course closes at 10:30 am

Weather Note:

Averages: High 47 and Low 26. Much of the course is not protected from the wind, so a blustery day could feel quite cold, yet a calm sunny day might seem balmy. Dress wisely.

**Race Participants Receive:**

- 1) Long Sleeve T-Shirt. Guaranteed to the first 200 registered runners by December 29, 2011
- 2) Applications after December 29, 2011 shirts will be given while supplies last.
- 3) Post race refreshments

**All Kingston Youth Baseball players who enter this race will receive \$5 off KOC Spring Baseball Fees**

Child's Name:

Child's Age as of May 31, 2012:

**Race Proceeds benefits Kingston Youth Baseball  
Questions? Call Jody Mioduski at 865.603.1647**

Registration Adult Fees: 5K Run: Early: \$20 by Dec 29. \$25 by Jan 13, Race Week: \$30.  
Registration Youth Fees: 5K or 2 Mile Fun Run: Early \$10 each (up to 2 kids), then \$3 each. \$15 by Jan 13, Race Week: \$20

***Make Checks Payable to: Kingston Optimist Club***

**For More Information check us out on FaceBook: Search "Kingston Youth Baseball"**

First & Last Name:

Shirt Size: (circle one) YS YM YL AM AL AXL AXXL

Address:

State & Zip:

Phone:

Email:

Age (on 11/21/11):

Date of Birth:

Event: 5K

Fun Run:

**Accident Waiver & Release of Liability**

I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive, and forever discharge and any club(s), and any other supporting groups of this said racing event, together with all their officers, agents, officials and employees, from any liability, claims, demands, actions, or causes of action whatsoever arising out of, or relating any injury, illness, loss, or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in the this event. In addition, I agree that my participation in this event requires that I will not participate with roller blades, baby joggers, skateboards, animals, headphones, or anything which the race director deems dangerous to myself or other participants and that the race director may remove me from this event for a violation of said policy.

Signature:

Date:

Parent/Guardian Signature (if under 19):

Date:

**"Little League Baseball is a very good thing because it keeps the parents off the streets"**